

**2011 – 2012 AGE GROUP LONG COURSE SWIMMING
COMPETITION – DIVISION III (PART 1A,B)
2011-2012-第三組長池分齡游泳比賽第一節**

Date : Part 1A – 28 May 2011 (Saturday) **Venue :** Shatin Sw Pool
沙田游泳池
Date : Part 1B – 28 May 2011 (Saturday) **Venue :** Tai Wan Shan Sw Pool
大環山游泳池

Morning Warm Up : 08:00-08:45 Hrs **Morning Session First Event :** 09:00 Hrs
Afternoon Warm Up : 13:00-13:45 Hrs **Afternoon Session First Event :** 14:00 Hrs

GIRLS 女				BOYS 男	
1	13 & 14 YRS	100M	BUTTERFLY	蝶泳	2
3	15 & 16 YRS	100M	BUTTERFLY	蝶泳	4
5	13 & 14 YRS	50M	FREESTYLE	自由泳	6
7	15 & 16 YRS	50M	FREESTYLE	自由泳	8
9	8 YRS & UNDER	50M	FREESTYLE	自由泳	10
11	13 & 14 YRS	100M	BACKSTROKE	背泳	12
13	15 & 16 YRS	100M	BACKSTROKE	背泳	14
15	8 YRS & UNDER	100M	BACKSTROKE	背泳	16
17	13 & 14 YRS	200M	BREASTROKE	蛙泳	18
19	15 & 16 YRS	200M	BREASTROKE	蛙泳	20

午膳時間 Lunch Break

21	9 & 10 YRS	100M	BUTTERFLY	蝶泳	22
23	11 & 12 YRS	100M	BUTTERFLY	蝶泳	24
25	9 & 10 YRS	50M	FREESTYLE	自由泳	26
27	11 & 12 YRS	50M	FREESTYLE	自由泳	28
29	9 & 10 YRS	100M	BACKSTROKE	背泳	30
31	11 & 12 YRS	100M	BACKSTROKE	背泳	32
33	11 & 12 YRS	200M	BREASTROKE	蛙泳	34

截止註冊日期 CLOSING DATE FOR REGISTRATION: **15 April 2011 (1700hrs)**

截止報名日期 CLOSING DATE FOR ENTRIES: **6 May 2011 (1700hrs)**

**2011-2012 AGE GROUP LONG COURSE SWIMMING
COMPETITION – DIVISION III (PART 2A,B)
2011-2012 第三組長池分齡游泳比賽第二節**

Date : Part 2A – 9 July 2011 (Saturday) **Venue :** Tai Wan Shan Sw Pool
大環山游泳池

Date : Part 2B – 9 July 2011 (Saturday) **Venue :** Tai Po Sw Pool
大埔游泳池

Morning Warm Up : 08:00-08:45 Hrs **Morning Session First Event :** 09:00 Hrs
Afternoon Warm Up : 13:00-13:45 Hrs **Afternoon Session First Event :** 14:00 Hrs

GIRLS 女				BOYS 男	
1	13 & 14 YRS	200M	FREESTYLE	自由泳	2
3	15 & 16 YRS	200M	FREESTYLE	自由泳	4
5	13 & 14 YRS	100M	BREASTSTROKE	蛙泳	6
7	15 & 16 YRS	100M	BREASTSTROKE	蛙泳	8
9	8 YRS & UNDER	100M	BREASTSTROKE	蛙泳	10
11	13 & 14 YRS	50M	BUTTERFLY	蝶泳	12
13	15 & 16 YRS	50M	BUTTERFLY	蝶泳	14
15	8 YRS & UNDER	50M	BUTTERFLY	蝶泳	16
17	13 & 14 YRS	200M	BACKSTROKE	背泳	18
19	15 & 16 YRS	200M	BACKSTROKE	背泳	20
午膳時間 Lunch Break					
21	9 & 10 YRS	200M	FREESTYLE	自由泳	22
23	11 & 12 YRS	200M	FREESTYLE	自由泳	24
25	9 & 10 YRS	100M	BREASTSTROKE	蛙泳	26
27	11 & 12 YRS	100M	BREASTSTROKE	蛙泳	28
29	9 & 10 YRS	50M	BUTTERFLY	蝶泳	30
31	11 & 12 YRS	50M	BUTTERFLY	蝶泳	32
33	11 & 12 YRS	200M	BACKSTROKE	背泳	34

截止註冊日期 CLOSING DATE FOR REGISTRATION: **27 May 2011 (1700hrs)**

截止報名日期 CLOSING DATE FOR ENTRIES: **17 June 2011 (1700hrs)**

**2011-2012 AGE GROUP LONG COURSE SWIMMING
COMPETITION – DIVISION III (PART 3A,B)
2011-2012 第三組長池分齡游泳比賽第三節**

Date : Part 3A – 24 September 2011
(Saturday)

Venue : Tai Wan Shan Sw Pool
大環山游泳池

Date : Part 3B – 24 September 2011
(Saturday)

Venue : Ma On Shan Sw Pool
馬鞍山游泳池

Morning Warm Up : 08:00-08:45 Hrs **Morning Session First Event :** 09:00 Hrs
Afternoon Warm Up : 13:00-13:45 Hrs **Afternoon Session First Event :** 14:00 Hrs

GIRLS 女				BOYS 男	
1	13 & 14 YRS	200M	IND. MEDLEY	個人四式	2
3	15 & 16 YRS	200M	IND. MEDLEY	個人四式	4
5	13 & 14 YRS	50M	BACKSTROKE	背泳	6
7	15 & 16 YRS	50M	BACKSTROKE	背泳	8
9	8 YRS & UNDER	50M	BACKSTROKE	背泳	10
11	13 & 14 YRS	100M	FREESTYLE	自由泳	12
13	15 & 16 YRS	100M	FREESTYLE	自由泳	14
15	8 YRS & UNDER	100M	FREESTYLE	自由泳	16
17	13 & 14 YRS	50M	BREASTSTROKE	蛙泳	18
19	15 & 16 YRS	50M	BREASTSTROKE	蛙泳	20
21	8 YRS & UNDER	50M	BREASTSTROKE	蛙泳	22

午膳時間 Lunch Break

23	9 & 10 YRS	200M	IND. MEDLEY	個人四式	24
25	11 & 12 YRS	200M	IND. MEDLEY	個人四式	26
27	9 & 10 YRS	50M	BACKSTROKE	背泳	28
29	11 & 12 YRS	50M	BACKSTROKE	背泳	30
31	9 & 10 YRS	100M	FREESTYLE	自由泳	32
33	11 & 12 YRS	100M	FREESTYLE	自由泳	34
35	9 & 10 YRS	50M	BREASTSTROKE	蛙泳	36
37	11 & 12 YRS	50M	BREASTSTROKE	蛙泳	38

截止註冊日期 CLOSING DATE FOR REGISTRATION: **12 August 2011 (1700hrs)**

截止報名日期 CLOSING DATE FOR ENTRIES: **2 September 2011 (1700hrs)**